

South Eastern Melbourne - Commonwealth Psychosocial Support 2019/20 - 2023/24 Activity Summary View



PAE - 1 - PAE1 - CPS Access Enablers



Activity Metadata

Applicable Schedule *

Commonwealth Psychosocial Support

Activity Prefix *

PAE

Activity Number *

1

Activity Title *

PAE1 - CPS Access Enablers

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

Access Enablers are activities which support service delivery that includes service navigation, NDIS testing support, capacity and strengths - based assessment.

Description of Activity *

Ongoing monitoring of service implementation has been established to collaboratively work with the commissioned provider to ensure a skilled, non-clinical mental health workforce is established to deliver these service elements.

The Access Enablers will provide specific support to ensure improved service navigation through coordination and integration of psychosocial services within the broader mental, health and community support system. This will be achieved by:

- Referral Assistance
- NDIS testing and support paperwork
- Care coordination through multi-agency collaboration and care planning
- Providing information for information decision making across arrange of service domains
- Housing support

Access Enablers will accept referrals a variety of sources and the provider will be expected to coordinate with a range of SEMPHN service providers within the LGA clusters. Including establishing pathways with other community services that are not directly involved with Mental Health. Services should be embedded within or linked to clinical services to support an integrated team approach to meeting the needs of people with mental ill-health, and form part of a multi-agency care plan.

Access Enablers will undertake assessments that are consumer led strengths-based assessment and recovery action planning. The CPS will utilise the Recovery Assessment Scale- Domains and Stages for an individualised support plan to be developed that focuses on the following:

- the consumer's strengths and existing supports
- the consumer's recovery goals and support needs
- activities to be undertaken to achieve recovery goals and meet support needs
- services to be referred to, if needed; and
- a care/crisis plan in the event the consumer becomes unwell or crisis occurs, noting a family member or carer may play a critical role in supporting a consumer in such events. This care plan should also include information such as treating GP and/or other services to better facilitate whole of person care.

Access Enablers will support consumer to access stable, safe and appropriate housing by linking into the existing network of Homeless and Housing Services and Networks.

SEMPHN will report on the following key areas of service delivery to determine Access Enablers efficacy:

- Group based psychosocial intervention programs in place-based services
- NDIS Testing Support (either through testing or retesting) 77% of consumers in the program
- Service Navigation
- Capacity and Strength Based Assessment
- Housing Support

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve coordination/integration of psychosocial support services (MH)	162
Improve mental health services for people with severe and complex mental health needs (MH)	158
Increase support for young people requiring low intensity and mild-to-moderate mental health support (MH)	158
Provide continuity of care for former PIR and PHaMs consumers who test as ineligible for the NDIS through continuity of services (CoS) (MH)	162
Undertake service mapping of psychosocial support services (MH)	162
Improve knowledge and capacity of service	159

providers and consumers to engage with and navigate the service system (MH)	
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Activity Demographics

Target Population Cohort

The CPS is designed for people with mental ill-health, often episodic who:

- have needs that can be met through short-term, low intensity support to live independently in the community
- are not restricted in their ability to participate in the community due fully and actively to their residential setting
- are not receiving similar supports through a state or tertiary government program (NDIS), where there is the potential for duplication of program activities

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Previous consultation occurred when developing the Psychosocial Support Service (PSS) in 2018. We have used this consultation to build the foundation for Commonwealth Psychosocial Support (CPS) Services. Key stakeholders were engaged to provide feedback and unforeseen outcomes of the PSS model that were used to shape the model design for CPS.

Collaboration

Central to SEMPHN's commissioning principles is the concept of co-design. Therefore, through the various stakeholder, consumer and carer consultations that SEMPHN has already undertaken and is planning to undertake in the future, will continue to inform the development of services.

The establishment of a Communities of Practice that includes low intensity, API and MHICC providers, promotes collaboration, the exchange of ideas, sharing and exploring new approaches while working within the same operational approach and outcomes in delivering mental health services within the SEMPHN catchment.



Activity Milestone Details/Duration

Activity Start Date

30/12/2021

Activity End Date

28/06/2023

Service Delivery Start Date

January 2022

Service Delivery End Date

June 2023

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?**Co-design or co-commissioning comments**

Discussion with providers who deliver the Mental Health and Wellbeing Hubs commenced and SEMPHN is key in bringing these services together with the CPS commissioned provider.



PAE - 2 - PAE2 - CPS Access Enablers - Operational



Activity Metadata

Applicable Schedule *

Commonwealth Psychosocial Support

Activity Prefix *

PAE

Activity Number *

2

Activity Title *

PAE2 - CPS Access Enablers - Operational

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

Access Enablers are activities which support service delivery that includes service navigation, NDIS testing support, capacity and strengths - based assessment.

Description of Activity *

Ongoing monitoring of service implementation has been established to collaboratively work with the commissioned provider to ensure a skilled, non-clinical mental health workforce is established to deliver these service elements.

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- Referral Assistance
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Access Enablers will accept referrals a variety of sources and the provider will be expected to coordinate with a range of SEMPHN

service providers within the LGA clusters. Including establishing pathways with other community services that are not directly involved with Mental Health. Services should be embedded within or linked to clinical services to support an integrated team approach to meeting the needs of people with mental ill-health, and form part of a multi-agency care plan.

Access Enablers will undertake assessments that are consumer led strengths-based assessment and recovery action planning. The CPS will utilise the Recovery Assessment Scale- Domains and Stages for an individualised support plan to be developed that focuses on the following:

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SEMPHN will report on the following key areas of service delivery to determine Access Enablers efficacy:

- Group based psychosocial intervention programs in place-based services
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- Service Navigation
- Capacity and Strength Based Assessment
- Housing Support

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

Priority	Page reference
Improve coordination/integration of psychosocial support services (MH)	162
Improve mental health services for people with severe and complex mental health needs (MH)	158
Increase support for young people requiring low intensity and mild-to-moderate mental health support (MH)	158
Provide continuity of care for former PIR and PHaMs consumers who test as ineligible for the NDIS through continuity of services (CoS) (MH)	162
Undertake service mapping of psychosocial support services (MH)	162
Improve knowledge and capacity of service providers and consumers to engage with and navigate the service system (MH)	159



Target Population Cohort

The CPS is designed for people with mental ill-health , often episodic who:

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- are not restricted in their ability to participate in the community due fully and actively to their residential setting
- are not receiving similar supports through a state or tertiary government program (NDIS), where there is the potential for duplication of program activities

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Previous consultation occurred when developing the Psychosocial Support Service (PSS) in 2018. We have used this consultation to build the foundation for Commonwealth Psychosocial Support (CPS) Services. Key stakeholders were engaged to provide feedback and unforeseen outcomes of the PSS model that were used to shape the model design for CPS.

Collaboration

SEMPHN will investigate opportunities for partnering and/or commissioning not-for-profit organisations to assist to refine the design and application of appropriate models of care. This will build from existing activities that have been delivered, such as:

- A joint PHN NPS forum delivered in September 2018 comprising of 80 stakeholders participating in a range of Co Design activities.

Central to SEMPHN's commissioning principles is the concept of co-design. Therefore, through the various stakeholder, consumer and carer consultations that SEMPHN has already undertaken and is planning to undertake in the future, will continue to inform the development of services.

The establishment of a Communities of Practice that includes low intensity, API and MHICC providers, promotes collaboration, the exchange of ideas, sharing and exploring new approaches while working within the same operational approach and outcomes in delivering mental health services within the SEMPHN catchment.

Discussion with providers who deliver the Mental Health and Wellbeing Hubs commenced and SEMPHN is key in brining these services together with the CPS commissioned provider.



Activity Milestone Details/Duration

Activity Start Date

31/12/2021

Activity End Date

29/06/2023

Service Delivery Start Date

January 2022

Service Delivery End Date

June 2023

Other Relevant Milestones

Depending on outcomes, SEMPHN will explore opportunities to refine service elements within the Mental Health stepped care model and link CPS efforts that will add value to programs such as the Mental Health Integrated Complex Care (MHICC) service. This will be undertaken via ongoing program review, reporting, submitted data and evaluation outcomes from existing commissioned providers, which will inform future decisions and directions.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

There will be no decommissioning in this Activity Work Plan, but all our programs are subject to ongoing evaluation and review.

Co-design or co-commissioning comments

Discussion with providers who deliver the Mental Health and Wellbeing Hubs commenced and SEMPHN is key in bringing these services together with the CPS commissioned provider.



PSD - 1 - PSD1 - Implementation and Service Delivery of CPS Services



Activity Metadata

Applicable Schedule *

Commonwealth Psychosocial Support

Activity Prefix *

PSD

Activity Number *

1

Activity Title *

PSD1 - Implementation and Service Delivery of CPS Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

This activity focuses on the roll-out of the Commonwealth Psychosocial Support Service (CPS) via closed commissioning of the previous Psychosocial Support Service provider. The program will continue to support people who were actively engaged with PSS (NPS, NPS-T and COS) in a nonclinical mental health service to assist people with mental ill-health, resulting in reduced psychosocial functional capacity who are not more appropriately supported through the National Disability Insurance Scheme (NDIS).

The aim is to provide optimal support and strengthen the capacity of people to live independently, safely and productively in their community. By supporting people to effectively manage the impacts of mental ill-health and forming meaningful connections in a supportive environment.

Description of Activity *

CPS will be delivered via three clusters across the SEMPHN catchment. Offering services and supports from a range of non-clinical community-based support to build an individual's capacity to achieve their recovery goals in the community, rather than providing ongoing support.

The CPS model is designed to deliver a range of key service elements. These are:

- Psychosocial support interventions
- Group based psychosocial intervention programs through place-based services using a Clubhouse model
- Assertive Outreach and Specialist Psychosocial Interventions for hard to reach communities
- Care coordination, service navigation, Housing and NDIS Testing Support
- Flexible Funding Brokerage

The model focuses on building ability and stability in one or more of the following areas:

- social skills, friendships and family connections
- day-to-day living skills
- financial management and budgeting
- finding and maintaining a home
- vocational skills and goals
- maintaining physical wellbeing, including exercise
- managing substance use issues
- building broader life skills, including confidence and resilience; and
- building capacity to live independently in the community.

The CPS model will provide short, medium and long term outcomes under a recovery-orientated framework utilising clubhouse models and housing support within an agreed period of three to six months; and six to twelve months.

SEMPHN has commissioned this funding to be implemented in a flexible carefully planned way which complements the State funded psychosocial supports and does not duplicate support available from existing programs, including those transitioning to the NDIS.

Club House Satellite hubs will provide a safe space for Peer Workforce to engage and work with consumers in a relaxed and friendly atmosphere. Allowing for consumer communities and networks to organically develop.

SEMPHN will report on the following key areas of service delivery to determine Access Enablers efficacy:

- Psychosocial Support Interventions
- NDIS Testing Support (either through testing or retesting) 77% of consumers in the program
- Service Navigation
- Capacity and Strength Based Assessment
- Housing Support

Needs Assessment Priorities *

Needs Assessment

South Eastern Melbourne PHN Needs Assessment 2022/23 – 2024/25 (2022)

Priorities

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Activity Demographics

Target Population Cohort

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In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

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Activity Milestone Details/Duration

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Activity End Date

28/06/2023

Service Delivery Start Date

January 2022

Service Delivery End Date

June 2023

Other Relevant Milestones**Activity Commissioning**

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Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

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Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Discussion with providers who deliver the Mental Health and Wellbeing Hubs commenced and SEMPHN is key in bringing these services together with the CPS commissioned provider.
